

Galens Fresh FOOD MARKET

LOCALLY OWNED & OPERATED FOR OVER 40 YEARS

VISIT OUR WEBSITE
www.galensmarket.com



5% DISCOUNT EVERY TUESDAY
FOR VETERANS & SENIORS 60+

PRICES VALID 7:30 AM MONDAY THRU 4 PM SUNDAY

SEPTEMBER 2026

MON	TUES	WED	THURS	FRI	SAT	SUN
7	8	9	10	11	12	13

We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.

SUPPLIED BY MASON BROTHERS

SUPER DEAL!

**FARMERS PRIDE
SKIM, 1% OR 2%**

MILK

ONE GALLON

\$3.97

Limit Four Please

Come enjoy these
two fun treats!
Both at our downtown location:
Dirty Dough Cookies

will be in the
parking lot
September 11th
from
2:00pm-6:00pm



Sota Sips
will be in the
parking lot
September 8th
for Back-to-School
from 7:00am-12:00pm



WHOLESTONE FARMS
PORK SIRLOIN ROAST
FRESH BONELESS PER LB.

\$1.99



JUST BARE
WINGETTES &
DRUMMETTES
ALL NATURAL FAMILY PACK 2 LBS.

\$9.99



CURLY'S PULLED PORK
WITH BBQ SAUCE
PULLED CHICKEN WITH BBQ SAUCE OR
SAUCELESS PULLED PORK 12-16 OZ.

\$4.99



OSCAR MAYER
WIENERS
OR JUMBO HOT DOGS 16 OZ.

\$3.59



BLUE RIBBON
ICE CREAM
VANILLA OR FLAVORED 4 QT.

\$7.19

PRAIRIE FARMS
UHT HEAVY
WHIPPING CREAM
PINT

\$3.57



PRAIRIE FARMS
COTTAGE CHEESE
24 OZ.

\$3.85



CASS CLAY SWISS
CHOCOLATE MILK
GALLON

\$5.99



FRESH JUICY CLEMENTINES
2 LB. BAG

\$3.99

GREAT
SAVINGS IS
OUR GOAL!



RUSSET POTATOES
10 LB. BAG

\$3.49

It's Football Season!



PEPS PIZZA
26.7-33.4 OZ.

\$9.69



HEARTLAND FARMS
NEW YORK
STRIP STEAK
ALL NATURAL USDA CHOICE
BONELESS PER LB.

\$13.99



PAJEDA'S
NACHO CHEESE
TORTILLA CHIPS
OR WHITE ROUND TORTILLA CHIPS
FAMILY SIZED 16-18 OZ.

\$2.69



Grocery

ORTEGA
VALUE PACK
TACO SHELLS
18 CT.
\$2.89



ORTEGA
SLICED JALAPENOS
12 OZ.
\$2.79



ORTEGA TACO
SEASONING MIX
ORIGINAL, RANCH OR CHEESY 1 OZ.
4/\$4



ORTEGA
TACO SAUCE
MILD OR MEDIUM 16 OZ.
\$3.49



ORTEGA SALSA
MILD OR MEDIUM 16 OZ.
\$3.25



NABISCO FAMILY SIZE
OREO COOKIES
8-18.71 OZ.
\$5.75



HAWAIIAN
PUNCH
128 OZ.
\$4.25



GENERAL MILLS CEREAL
HONEY NUT CHEERIOS 10.8 OZ., LUCKY
CHARMS 10.5 OZ., KIX 12 OZ., REESE'S
PUFFS 11.5 OZ., CINNAMON TOAST
CRUNCH 12 OZ. OR RICE CHEX 12 OZ.
\$5.59



LAKESIDE SWEET PEAS
CUT OR FRENCH STYLE GREEN BEANS, WHOLE
KERNEL OR CREAM STYLE CORN 14.5-15.25 OZ.
5/\$6

\$5.75



VAN CAMP'S
BAKED BEANS
28 OZ.
\$2.49



MT. OLIVE
MUNCHIES PICKLES
4.8 OZ.
\$1.55



HUNT'S TOMATOES
WHOLE, STEWED, DICED, FIRE ROASTED,
SEASONED OR NO SALT ADDED 14.5 OZ.
\$2.29

GRAB A
SNACK FOR
THE GAME!



NABISCO FAMILY SIZE
SNACK CRACKERS
TRISCUIT, CHICKEN IN A BISKIT, RITZ,
ORIGINAL OR SUN DRIED TOMATO &
BASIL WHEAT THINS 12-20.5 OZ.
\$5.57



HUNT'S
MANWICH
ORIGINAL, BOLD OR
THICK & CHUNKY 15-16 OZ.
\$1.97



CHEF BOYARDEE
BEEF RAVIOLI
OVERSTUFFED BEEF RAVIOLI,
MINI RAVIOLI, SPAGHETTI &
MEATBALLS, BEEFARONI
OR LASAGNA 14.5-15 OZ.
\$2.19



CHEF BOYARDEE
PIZZA KIT
TRADITIONAL 31.85 OZ.
\$5.19



ABBY'S SMALL
HAMBURGER BUNS
WHITE OR WHEAT 12 CT.
\$4.69



HILLS BROS. OR MJB
GROUND COFFEE
23-26 OZ.
\$18.50

ABBY'S CHOCOLATE
PEANUT BUTTER CUPCAKES
4 CT.
\$6.79



ABBY'S PEANUT
BUTTER COOKIES
10 CT.
\$6.69



ABBY'S MINI PEANUT
BUTTER & JELLY BITES
4 CT.
\$3.49

ABBY'S TOMATO
BASIL BREAD
1 LB.
\$4.79



ABBY'S
CAKE ROLL
16 OZ.
\$6.79

Produce



AVOCADOS
EACH
99¢



FUJI, GALA OR GRANNY
SMITH APPLES
3 LB. BAG
\$5.88



FRESH EXPRESS
PREMIUM ROMAINE
OR GREEN AND CRISP 9-11 OZ.
\$2.97



NAVEL ORANGES
3 LB. BAG
\$6.48

HYDROPONIC
MINI CUCUMBERS
6 CT. PKG.
\$2.48



SWEET PETITES
BABY CARROTS
12 OZ. BAG
\$2.22





Dairy

CASS CLAY
HALF & HALF
QUART

\$3.79

CASS CLAY HEAVY
WHIPPING CREAM
PINT

\$4.15

PRAIRIE FARMS
1% BUTTERMILK
QUART

\$2.09

PRAIRIE FARMS
FRESH HALF & HALF
PINT

\$2.09



DAVID'S
DELI BAGELS
5 CT.

\$1.99



CASS CLAY OR KEMPS
COTTAGE CHEESE
22 OZ.

\$4.49



CRYSTAL FARMS SPREADABLE
BUTTER WITH CANOLA OIL
15 OZ.

\$3.99



CRYSTAL FARMS
DELI CHEESE SLICES
6-8 OZ.

\$3.15

Frozen

TOTINO'S
PARTY PIZZA
OR PIZZA ROLLS
7.5-10.9 OZ.

\$2.57



EGGO WAFFLES
10 CT., BUTTERMILK PANCAKES 12 CT. OR
BUTTERMILK MINI PANCAKES 14, 1 OZ.

\$3.36



BANQUET
HOT & SPICY WINGS
11 OZ.

\$6.45



BANQUET
POT PIE
7 OZ.

2/\$3



BANQUET
FRUIT POT PIE
APPLE, CHERRY BERRY OR PEACH 7 OZ.

2/\$2.22



DUTCH FARMS
HASH BROWN PATTIES
20 CT.

\$4.99



BANQUET CLASSIC
TV DINNERS
10-11.88 OZ.

2/\$4.44



BANQUET
FRIED CHICKEN
ORIGINAL OR SOUTHERN STYLE 29 OZ.

\$9.99

CLOROX BLEACH
DISINFECTING
BATHROOM
CLEANER
30 OZ.

\$4.85



CLOROX
CLEAN UP SPRAY
WITH BLEACH
32 OZ.

\$5.75



GLAD TALL
KITCHEN BAGS
QUICK TIE OR FORCE FLEX
40-68 CT. - 13 GALLON

\$9.85



ZIPLOC SANDWICH BAGS
105 CT.

\$4.88



FRESH STEP
CAT LITTER
ORIGINAL OR
MULTIPLE CATS 14 LBS.

\$12.39



NUTRISOURCE
CHOICE DOG FOOD
OR PUPPY FOOD CHICKEN
FLAVORED 5 LBS.

\$8.49



CLOROX
LIQUID BLEACH
CONCENTRATED 81 OZ.

\$7.49

Health & Beauty

OLD SPICE
DEODORANT
ORIGINAL 3 OZ.

\$3.99



CHAPSTICK
LIP BALM
.15 OZ.

3/\$5



VASELINE PETROLEUM
HEALING JELLY
1.75 OZ.

\$2.49



CREST TOOTHPASTE
REGULAR, BAKING SODA WHITE OR
WHITENING MINT FLAVORED 5.7 OZ.

\$2.69



