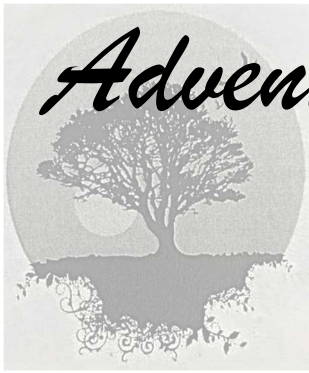




Adventures in Lifelong Learning

Bemidji ALL Schedule – Fall 2026

All ages are welcome! Programs are held at the **Bemidji Eagles** – 1171 Paul Bunyan Dr. SE, Bemidji, MN, and run from **10-11:00 a.m.** with questions following. Refreshments available at 9:30. **Park in the EAST lot behind the Eagles.**

Tuesday, September 29, 2026 –

SEPTEMBER

Isabelle Harmon: *Discovery, Culture, Adventure: Journey Across the World*

The world rewards those who explore it -- new cultures, new landscapes, new perspectives, and the immense joy of discovery. Growing up with parents and family traveling for work and for play, Isabelle will share her homes and journeys from Qatar to London to France to Quebec to Northern Minnesota and travels beyond.

Note: NELL -- Northern Exposure to Lifelong Learning -- hosts Isabelle and this presentation, Wednesday, September 30, 9:30 a.m., Bagley Public Library. Part of Isabelle's story is also in print in the newly published *North Country Journal*. Books will be for sale at her presentations.

Tuesday, October 6, 2026 --

OCTOBER

Dr. Caleb Curfman: *Citizens, Soldiers, and Revolution: The Human Side of America's War for Independence*

The American Revolution was fought not only by armies but also by families, communities, and political activists. Discover how military events and social change shaped one another during the struggle for independence. **Dr. Caleb Curfman** teaches History at Northland Community and Technical College. His research focuses on 19th Century America, specifically the era of the American Civil War and Native American history. His current manuscript project focuses on a social military history of the Dakota War of 1862, arguing that the Civil War and Dakota War created the conditions for a refinement of identity for Minnesota citizen-soldiers on the frontier.

Tuesday, October 13, 2026 --

Bonnie Lundorf: *Exploring Vintage Textiles, 1869s-1960s*

Join Bonnie Lundorf as she takes you on a colorful journey of the history of textiles, showing beautiful and unique samples of hooked rugs, quilts, and pillows and teaches you how to care for them. Bonnie is the owner of Willow Wood Market, a little quilt shop/wool studio just south of Bemidji.

Tuesday, October 20, 2026 -- Tallie Large, Erika Bailey-Johnson, and Daniel

Doyen: *Sacred Bundle, the Minwaadizi Center, and the future of the old Central Elementary School, Bemidji* (Zoom with Daniel Doyen)

Sacred Bundle is a tribal non-profit that purchased the former Central Elementary School in the heart of Bemidji in February 2026. Learn about their partners, projects, hopes, and dreams for the space as they create the Minwaadizi Center.

Tuesday, October 27, 2026 – Dr. Kirsten Sage, MD: *Supportive and Palliative Care*

Dr. Sage will introduce the group to the key concepts of palliative care and how it can support quality of life for people living with serious illnesses. Participants will learn about advance care planning, including how to start thinking about their own wishes/values (or help a family member) and ways to communicate these preferences with loved ones and healthcare teams. The session will also explain healthcare directives and POLST forms, highlighting how these tools help ensure medical care aligns with an individual's wishes. [Book preparation: "That Good Night" is helpful.]

Tuesday, November 3, 2026 -- Dr. Allyssa J. Joseph:

Planning Retirement, Then Living Retirement

Dr. Allyssa J. Joseph is the Executive Director Bemidji State University Alumni and Foundation and Vice President for Advancement.

Tuesday, November 10, 2026 --

Janice Haworth: Where in the world is Janice, now?

If you're familiar with the Galapagos Islands, a visit there is probably on your "bucket list!" In the midst of a 5-month trip to Ecuador, Janice Haworth, spent a week in the islands on the National Geographic ship, Endeavor II. She has stories and pictures of sharks and sea lions, pelicans and penguins, and everyone's favorite, the Blue-Footed Boobies! Join us and be amazed at this – the most beautiful place on earth.

Tuesday, November 17, 2026 --

Joyce Rairdon, Master Gardeners: Trees for a Changing Climate -- Showcasing trees for Zone 3 that may not be well known for the area.

Since the derecho in Bemidji in June of 2025, many people have lost trees and want to know what trees to plant. The Beltrami County Master Gardeners are introducing different varieties of trees by planting them around the Beltrami County Fairgrounds. This is an ongoing project started in 2026 and will continue for at least two more years.

Weather:

If District #31 is closed or late, ALL is also closed and that program will be rescheduled.

Check ALL Facebook by 9:00 a.m.

Comments and Recommendations for the future are always appreciated. ALL is here to serve the community by presenting programs of interest and discussion and learning. ***Adventures in Lifelong Learning*** is organized exclusively to provide opportunities for continued learning in the Bemidji area. It is intended that **ALL** programs will assist participants to improve their critical thinking skills and appreciate the diversity of human experience through presentations. adventuresinlifelonglearning@gmail.com

Finances

Adventures in Lifelong Learning appreciates your donations for programs and refreshments each week. ALL is NOT a 501.c3 organization and files no papers. We are simple: Speakers are paid a stipend and/or mileage if able to accept because of their government or other status. ALL depends on your donations. Thank You ALL!

Adventures in Lifelong Learning

Board of Directors

Ernie Rall, Chair	<u>erall@midco.net</u>	218-280-1265
Al Yarnott, Vice Chair	<u>ayamott@paulbunyan.net</u>	218-214-0805
Lois J. Jenkins, Sec.	<u>loisjj@paulbunyan.net</u>	218-444-8140
Cheryl Yarnott	<u>milleryarnott@gmail.com</u>	218-444-7091
Dave Sjostrom	<u>sjostrom@paulbunyan.net</u>	218-766-9447

**Local Lifelong Learning Programs
in our area: (Check Facebook)**

HCLL – Park Rapids Area
Headwaterscenter.forlifelonglearning

ALL – Bemidji Area
[adventuresinlifelonglearning/bemidji](https://www.facebook.com/adventuresinlifelonglearning/bemidji)

NELL – Northern Exposure to Lifelong Learning – Clearwater and Polk Counties