

Galens Fresh

FOOD MARKET

LOCALLY OWNED & OPERATED FOR OVER 40 YEARS

VISIT OUR WEBSITE
www.galensmarket.com



5% DISCOUNT EVERY TUESDAY
FOR VETERANS & SENIORS 60+

PRICES VALID 7:30 AM MONDAY THRU 4 PM SUNDAY

AUGUST 2026

MON 17	TUES 18	WED 19	THURS 20	FRI 21	SAT 22	SUN 23
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We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.

SUPPLIED BY MASON BROTHERS

SUPER DEAL!

While Supply Lasts!

FOLGERS 25.9 OZ.
CLASSIC ROAST
COFFEE

\$15.97

LIMIT 4



SOTA SIPS WILL BE IN OUR PARKING LOT
AUGUST 18th 7 am- 1 pm



WHOLESTONE FARMS
WHOLE PORK LOIN
FRESH BONELESS PER LB.

\$1.88



LIFE EVERY DAY
ICE CREAM
VANILLA OR FLAVORED 48 OZ.

\$4.29



GOLD'N PLUMP
CHICKEN
DRUMSTICKS
ALL NATURAL FAMILY PACK PER LB.

\$1.59



MRS. GERRY'S
STEAKHOUSE
POTATO SALAD
1LB.

\$3.09



PRAIRIE FARMS
ICE CREAM
VANILLA OR FLAVORED PINT

2/\$5

HEARTLAND FARMS
EYE OF ROUND STEAK
ALL NATURAL USDA CHOICE
FAMILY PACK BONELESS PER LB.

\$6.99



PEACHES OR NECTARINES
PER LB.

\$3.29



CAULIFLOWER
HEAD

\$3.29



CORNER BOOTH
PIZZA
19.75-23.25 OZ.

\$6.99

BEST OF SUMMER



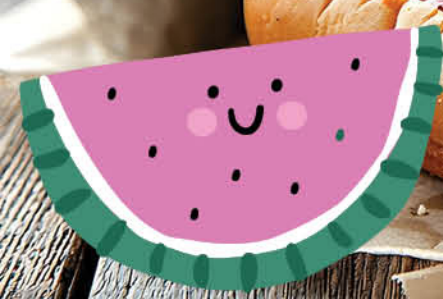
JOHN MORRELL FRANKS
REGULAR, JUMBO OR BUN LENGTH 12 OZ.

\$1.75



PRAIRIE FARMS CHIP DIP
FRENCH ONION, BACON CHEDDAR
OR JALAPENO FIESTA 16 OZ.

\$2.65



GROCERY



PEARL MILLING
PANCAKE SYRUP
24 OZ.
\$4.45

PEARL MILLING
PANCAKE MIX
2 LBS.
\$4.19

SMUCKER'S
GRAPE JELLY
OR GRAPE JAM 30 OZ.
\$2.85



BEAR NAKED
GRANOLA
12 OZ.
\$5.29



KELLOGG'S CEREAL
SPECIAL K ORIGINAL 9.6 OZ., FRUIT & YOGURT 12.6 OZ., VANILLA ALMOND 12.5 OZ., RED BERRIES 11.4 OZ., CHOCOLATELY DELIGHT 12.1 OZ., CRISPIX 9.6 OZ., RAISIN BRAN 16.1 OZ., RAISIN BRAN CRUNCH 15.4 OZ., WITH CRANBERRIES 13.6 OZ., CORN POPS 8.8 OZ., FROOT LOOPS 8.9 OZ., WITH MARSHMALLOWS 9.3 OZ., FROSTED FLAKES 12 OZ., CHOCOLATE FROSTED FLAKES 12.2 OZ., APPLE JACKS 8.9 OZ., FROSTED MINI WHEATS ORIGINAL 16 OZ., BITE SIZE BLUEBERRY MUFFIN 11 OZ., BITE SIZE ORIGINAL 14.8 OZ., STRAWBERRY 13.3 OZ. OR COCOA KRISPIES 12.6 OZ.
\$4.99

PILLSBURY
CAKE MIX
15.25 OZ.
\$1.99



PILLSBURY
FROSTING
READY-TO-SPREAD 12-16 OZ.
\$2.59



KRAFT JET-PUFFED
MARSHMALLOWS
12 OZ.
\$1.99



MARUCHAN
RAMEN NOODLES
3 OZ.
5/\$2

GRANDMA'S SEASONING
OR GRAVY MIX
.67-1.25 OZ.
5/\$2.15



CHEF BOYARDEE BEEF RAVIOLI
OVERSTUFFED BEEF RAVIOLI, MINI RAVIOLI, BEEFARONI, SPAGHETTI & MEATBALLS OR LASAGNA 14.5-15 OZ.
\$2.17



KELLOGG'S SNACK CRACKERS
TOWN HOUSE CRACKERS, DIPPING THINS, FLIPSIDES OR PITA, CLUB CRACKERS OR MINIS OR TOASTEDS 8-13.8 OZ.
\$4.49



NABISCO CHIPS
AHOY! COOKIES
FAMILY SIZE ORIGINAL, CHEWY OR HERSHEY'S FILLED 14.85-19.5 OZ.
\$5.65



GEISHA CHUNK
LIGHT TUNA
IN WATER 5 OZ.
\$1.45



GEISHA
MANDARIN
ORANGES
11 OZ.
\$1.55



GEISHA
SMOKED
OYSTERS
3.75 OZ.
\$3.10

ABBY'S
BAKERY
ABBY'S PLAIN
CAKE DONUTS
6 CT.
\$6.69



HAWAIIAN
PUNCH
128 OZ.
\$4.25



ABBY'S
HAWAIIAN BUNS
12 CT.
\$5.09



ABBY'S BREAD
WHITE OR WHEAT 1 LB.
\$4.29



ABBY'S CAKE ROLL
16 OZ.
\$6.79



ABBY'S BANANA
CHOCOLATE CHIP
MUFFINS
JUMBO CHOCOLATE DRIZZLED 4 CT.
\$7.19



LET US DO YOUR
BAKING THIS
SUMMER!

ABBY'S CREAM CHEESE
COOKIE WITH
CHOCOLATE CHIPS
10 CT.
\$6.69



PRODUCE



RED, ORANGE OR
YELLOW PEPPERS
EACH
\$1.28



PREMIUM
HONEYCRISP
APPLES
PER LB.
\$2.28

ROMA
TOMATOES
PER LB.
\$1.64



PEELED BABY
CUT CARROTS
1 LB. BAG
\$1.59



FRESH JUICY
BLACK PLUMS
PER LB.
\$2.99



FRESH RED
RASPBERRIES
6 OZ. PKG.
\$4.48





KRAFT VELVEETA
OR VELVEETA QUESO BLANCO 2 LBS.

\$8.15



CASS CLAY
BUTTERMILK
QUART

\$2.95



CASS CLAY
OR KEMPS
SOUR CREAM
8 OZ.

\$1.89



CASS CLAY OR KEMPS
FRENCH ONION DIP
8 OZ.

\$1.99



DAIRY



PRAIRIE FARMS
SOUR CREAM
16 OZ.

\$2.65

GRAB THIS GREAT DEAL! YUM!




DAISY WITH FRUIT
COTTAGE CHEESE
PINEAPPLE, PEACH, STRAWBERRY
OR BLUEBERRY 6 OZ.

\$1.65



PRAIRIE FARMS
PREMIUM
CHOCOLATE MILK
OR 1% CHOCOLATE MILK GALLON

\$4.99

FROZEN

POPSICLE POPS
FIRECRACKER, SCRIBBLERS,
FUDGESICLE NO SUGAR ADDED,
SUGAR FREE TROPICAL, REGULAR OR
SUGAR FREE ORANGE/CHERRY/GRAPE 18 PK.

\$6.35




COOL OFF WITH THIS TREAT!



TJ FARMS SHREDDED
HASH BROWNS
24-32 OZ.

\$3.25



TYSON BREADED
CHICKEN NUGGETS
OR CHICKEN PATTIES 23-29 OZ.

\$7.59



COOL WHIP
TOPPING
16 OZ.

\$3.49



BANQUET CLASSIC
TV DINNERS
10-11.88 OZ.

2/\$4.44




GREEN GIANT
VALLEY FRESH STEAMERS
NIBLETS CORN
BROCCOLI CUTS, SWEET PEAS, CUT GREEN
BEANS OR MIXED VEGETABLES 10 OZ.

\$2.15



J. SKINNER DANISH
COFFEE CAKE
14 OZ.

\$3.99

HOUSEHOLD



ANGEL SOFT
BATH TISSUE
MEGA ROLL 8 PK.

\$9.35



BOUNTY
ESSENTIALS
PAPER TOWELS
DOUBLE ROLL 1 PK.

\$2.29



VANITY FAIR
EVERYDAY
NAPKINS
100 CT.

\$3.67



BUTCHER'S BEST
BONES DOG
BISCUITS
ROASTED PEANUTS OR WITH
SMOKY BACON FLAVOR 3 LBS.

\$5.59



BUTCHER'S BEST
DOG FOOD
PRIME SELECT, SAVORY STEW,
MINI CHUNKS OR CLASSIC 4 LBS.

\$4.69



MR. CLEAN
MAGIC ERASER
WHOLE HOME
5 CT.

\$5.75



FEBREZE
AIR MIST
TWILIGHT LAVENDER OR
LINEN & SKY SCENT 8.1 OZ.

\$3.45

HEALTH AND BEAUTY



BAUSCH & LOMB
SENSITIVE EYES
SALINE SOLUTION
12 OZ.

\$4.39



ALEVE
ORIGINAL TABLET OR
CAPLETS OR BACK & MUSCLE
PAIN TABLETS 24 CT.

\$6.19



VASELINE
LIP THERAPY
0.35 OZ.

\$2.29



BEST CHOICE
ULTRA
ALKALINE
BATTERIES
AAA OR AA 4 PK.

\$2.59



MEAT



WHOLESTONE FARMS
COUNTRY STYLE PORK RIBS
FRESH FAMILY PACK BONELESS PER LB. **\$2.18**



WHOLESTONE FARMS
THICK CUT PORK CHOPS
FRESH BONELESS PER LB. **\$2.59**



WHOLESTONE FARMS
ST. LOUIS STYLE SPARE RIBS
FRESH BONE-IN PER LB. **\$3.49**



FROZEN CHICKEN
DRUMSTICKS
FAMILY PACK PER LB. **88¢**



HEARTLAND FARMS
EYE OF ROUND ROAST
ALL NATURAL USDA CHOICE
BONELESS PER LB. **\$6.49**



HEARTLAND FARMS
RIBEYE STEAK
ALL NATURAL USDA CHOICE
BONELESS PER LB. **\$19.88**



STATE FAIR
CORN DOGS
ORIGINAL OR BEEF
13.35-16 OZ. **\$4.79**



LAND O' FROST
LUNCH MEAT
DELI SHAVED 8-9 OZ. **\$2.95**



CLOVERDALE TANGY
SUMMER SAUSAGE
28 OZ. **\$10.75**



SCHWEIGERT
CHICKEN NUGGETS
CHICKEN STRIPS, PATTIES, BBQ OR
BUFFALO CHICKEN BITES 4.8 OZ. **\$10.49**

NATHAN'S
BEEF FRANKS
OR BIGGER THAN BUN
BEEF FRANKS 12 OZ. **\$5.57**



JOHN MORRELL
CHUNK CERVELAT
16 OZ. **\$5.35**



JOHN MORRELL CHUNK
BRAUNSCHWEIGER
16 OZ. **\$3.19**



GOLD'N PLUMP
CHICKEN THIGHS
ALL NATURAL FAMILY PACK PER LB. **\$1.59**

BIG PAPA'S MEATS



BIG PAPA'S TANGY
SUMMER SAUSAGE
LARGE FACE SLICED 12 OZ. **\$8.49**



BIG PAPA'S
SMOKED PORK
BREAKFAST LINKS
OR BLUEBERRY MAPLE 12 OZ. **\$4.88**

SNACKS



GURLEY'S SALTED
IN SHELL PEANUTS
12 OZ. **\$2.25**



FARMERS MARKET TRAIL MIX
GUMMY BEARS OR WORMS, BANANA CHIPS,
PINEAPPLE CHUNKS, YOGURT PRETZELS
OR SNACK MIX 5.5-10 OZ. **2/\$5**



FRITO LAY
CHEETOS
OR FRITOS
6.5-10 OZ. **2/\$8**
PRE-PRICED \$5.49

OLD DUTCH FAMILY
PACK POTATO CHIPS
ASSORTED FLAVORS 9.5-10 OZ. **2/\$7**



OLD DUTCH DUTCH
CRUNCH KETTLE CHIPS
ASSORTED VARIETIES 9 OZ. **2/\$7**



GH CRETORS
CARAMEL MIX
7.5 OZ. **\$3.77**

Galens POP SALE



PEPSI
ASSORTED FLAVORS 12 PK. **\$7.47**

PEPSI
ASSORTED FLAVORS 2 LTR. **\$2.97**



BUBBL'R
ASSORTED FLAVORS 6 PK. **\$5.97**



KLARBRUNN WATER
24 PK. **\$5.47**



LIPTON ICED TEA
ASSORTED VARIETIES 12 PK.-16.9 OZ. **\$6.47**

Galens BREAD & BUN SALE



COUNTRY HEARTH
CINNAMON
BURST BREAD
18 OZ. **\$3.99**



VILLAGE HEARTH
HAWAIIAN
HAMBURGER BUNS
8 CT. **\$3.49**



VILLAGE HEARTH
OLD FASHIONED
HOT DOG BUNS
8 CT. **\$3.49**



VILLAGE HEARTH
OLD FASHIONED
HAMBURGER BUNS
PLAIN OR WITH SESAME SEEDS 8 CT. **\$3.49**