

Galens Fresh FOOD MARKET

LOCALLY OWNED & OPERATED FOR OVER 40 YEARS

VISIT OUR WEBSITE
www.galensmarket.com



5% DISCOUNT EVERY TUESDAY
FOR VETERANS & SENIORS 60 +

PRICES VALID 7:30 AM MONDAY THRU 4 PM SUNDAY

JULY THRU AUGUST 2026

MON 27	TUES 28	WED 29	THURS 30	FRI 31	SAT 1	SUN 2
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We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.

SUPPLIED BY MASON BROTHERS

SUPER DEAL!



7.25 OZ.

KRAFT

MAC & CHEESE

4/\$5.67

While Supply Lasts!

WHOLESTONE FARMS
WHOLE PORK LOIN
FRESH BONELESS PER LB.

\$1.88



HEARTLAND FARMS
ARM CUT CHUCK ROAST
ALL NATURAL USDA CHOICE BONELESS PER LB.

\$5.88



GOLD'N PLUMP
CHICKEN BREAST FILLETS
ALL NATURAL BONELESS SKINLESS PER LB.

\$4.79



MRS. GERRY'S
DELI FRESH
MACARONI SALAD
14 OZ.

\$2.75



ORV'S ULTIMATE
RIZER PIZZA
26.4-28.5 OZ.

\$4.55



CASS CLAY OR
KEMPS SOUR CREAM
16 OZ., SQUEEZE CONTAINER 12 OZ.
OR MEXICAN STYLE SOUR CREAM 15 OZ.

\$3.15

OSCAR MAYER
WIENERS
OR JUMBO HOT DOGS 16 OZ.

\$3.49



RUSSET POTATOES
5 LB. BAG

\$1.99



PEACHES OR
NECTARINES
PER LB.

\$3.29

CELEBRATE KIDS WEEK!

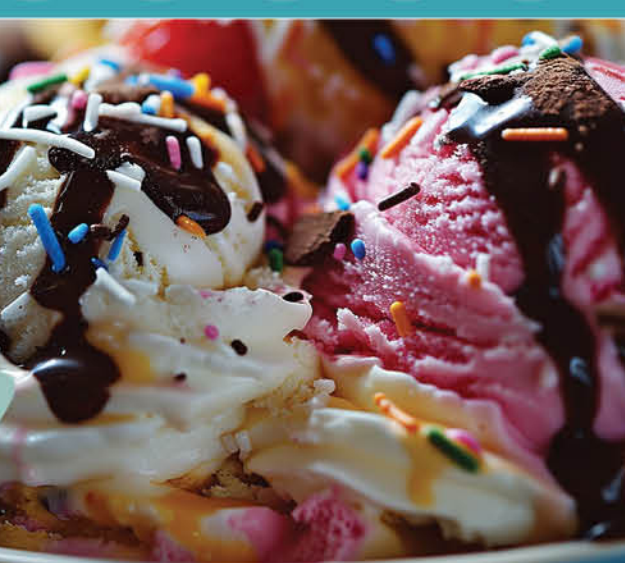


BLUE BUNNY
MINI SWIRL CONES
VANILLA, CHOCOLATE, CARAMEL
OR FUDGE NUTTY 8 PK.

\$5.15

BLUE BUNNY
ICE CREAM
VANILLA, FLAVORED
OR SOFT 46-48 OZ.

\$5.49



GROCERY



HERSHEY'S CHOCOLATE CHIPS
MILK CHOCOLATE, SEMI-SWEET, SPECIAL DARK CHOCOLATE, MINI SEMI-SWEET OR ENGLISH TOFFEE BITS 8-12 OZ.

\$4.39



JIF PEANUT BUTTER
CREAMY, CRUNCHY, SIMPLY CREAMY OR REDUCED FAT 15.5-16 OZ.

\$3.10



BETTY CROCKER
FRUIT ROLL-UPS
FRUIT BY THE FOOT
OR GUSHERS 4.5-5 OZ.

\$3.99



PRINGLES
4.90-5.50 OZ.

\$2.65



16 VALUE PACK
RICE KRISPIES TREATS
Original
12.4 OZ.

\$5.75



SHASTA SODA POP
ORIGINAL OR ZERO SUGAR 12 PK.

\$5.95

BETTY CROCKER
TRADITIONAL FUDGE
BROWNIE MIX
OR MILK CHOCOLATE 16.3 OZ.

\$2.75



KRAFT JET-PUFFED
MARSHMALLOWS
MINI OR FUNMALLOWS 10 OZ.

\$1.75



NABISCO
OREO COOKIES
9.21-14.03 OZ.

\$4.79



CREAMETTE PASTA
12-16 OZ.

\$2.19



RAGU SPAGHETTI SAUCE
TOMATO OR CHEESY 15.5-24 OZ.

\$3.45



HUNT'S MANWICH
Original
SLOPPY JOE SAUCE
15-16 OZ.

\$1.95



BETTY CROCKER
SUDDENLY SALAD
7.25-8.3 OZ.

\$3.10



STARKIST CHUNK
LIGHT TUNA
IN WATER OR OIL 5 OZ.

\$1.29



TACO TIME WITH TACO BELL



TACO BELL TACO
SEASONING MIX
1 OZ.

95¢



TACO BELL
TACO SHELLS
4.5 OZ.

\$3.45



TACO BELL CRUNCHY
TACO DINNER KIT
8.85 OZ.

\$3.39



TACO BELL SOFT
TACO DINNER KIT
14.6 OZ.

\$3.39



ABBY'S LARGE
HAMBURGER BUNS
WHITE OR WHEAT 8 CT.

\$4.69



ABBY'S ASSORTED
CAKE DONUTS
4 CT.

\$5.29



ABBY'S FRENCH BREAD
1 CT.

\$4.79



ABBY'S FILLED BISMARKS
RASPBERRY FILLED OR CHOCOLATE ICED WITH CREAM FILLED 2 CT.

\$3.69



HAWAIIAN PUNCH
128 OZ.

\$4.25



ABBY'S OATMEAL
RAISIN COOKIES
10 CT.

\$6.69

LET US DO YOUR SUMMER BAKING!

PRODUCE



YELLOW
ONIONS
5 LB. BAG

\$4.49



SEEDLESS
WATERMELON
EACH

\$6.99



HONEYCRISP
APPLES
PER LB.

\$2.88



COLOR
PEPPERS
4 PK. TRAY

\$3.94

SWEET PETITES
BABY CARROTS
12 OZ.

\$1.99



FRESH CRISP
CUCUMBERS
EACH

3/\$2



PRAIRIE FARMS
LACTOSE FREE MILK
1/2 GAL.

\$4.99



CRYSTAL FARMS
DELI CHEESE SLICES
6-8 OZ.

\$2.99



DAISY SQUEEZE
sour cream
14 OZ.

\$2.55



PARKAY SOFT
MARGARINE
13 OZ.

\$3.25



CRYSTAL FARMS
BUTTER
4x1/2'S ORIGINAL OR UNSALTED 1 LB.

\$5.39



PILLSBURY SUGAR
COOKIE DOUGH
OR CHOCOLATE CHIP DOUGH 16.5 OZ.

\$5.19



DAISY CHIP DIP
FRENCH ONION OR CREAMY RANCH 16 OZ.

\$2.69



DAISY
COTTAGE CHEESE
16 OZ.

\$2.89



DAVID'S DELI PROTEIN BAGELS
PLAIN, CINNAMON OR EVERYTHING 5 CT.

\$3.85



CRYSTAL FARMS SOFT
CREAM CHEESE SPREAD
ORIGINAL, BLUEBERRY, STRAWBERRY
OR WHIPPED ORIGINAL 8 OZ.

\$3.35

FROZEN



TOTINO'S
PARTY PIZZA
9.8-10.9 OZ. OR
15 CT. PIZZA ROLLS 7.5 OZ.

2/\$5



GREEN GIANT VALLEY
FRESH STEAMERS
NIBLETS CORN
BROCCOLI CUTS, SWEET PEAS, CUT GREEN
BEANS OR MIXED VEGETABLES 10 OZ.

\$2.15



ORE-IDA
POTATOES O'BRIEN
SOUTHERN STYLE HASHBROWNS OR
COUNTRY STYLE HASHBROWNS 28-32 OZ.

\$5.79



OLD ORCHARD
100% APPLE JUICE
CRANBERRY/RASPBERRY, CRANBERRY BLEND
OR POMEGRANATE/BLUEBERRY 12 OZ.

\$1.99



BAGEL BITES
CHEESE & PEPPERONI OR
SAUSAGE/PEPPERONI/CHEESE 7 OZ.

\$2.55



BANQUET CLASSIC
TV DINNERS
10-11.88 OZ.

2/\$4.44



KID CUISINE
CHICKEN NUGGETS
OR MINI CORN DOGS 8.8 OZ.

\$2.69



COOL WHIP
TOPPING
16 OZ.

\$3.49



PILLSBURY
TOASTER STRUDEL
OR SCRAMBLES 7.2-11.7 OZ.

\$3.55

HOUSEHOLD



KINGSFORD
MATCH LIGHT
CHARCOAL
BRIQUETS
12 LBS.

\$13.45



ROYAL OAK
CHARCOAL PELLETS
20 LBS.

\$17.25



ROYAL OAK
LIGHTER FLUID
32 OZ.

\$4.85



RAID ANT &
ROACH SPRAY
LEMON, OUTDOOR FRESH
OR FRAGRANCE FREE 17.5 OZ.

\$5.09



DEEP WOODS
OFF! REPELLENT
6 OZ. AEROSOL

\$6.99



CLOROX
CLEANING WIPES
LEMON OR FRESH SCENT 35 CT.

\$3.19



SUPREME DOG FOOD
HIGH PROTEIN OR MINI CHUNK 40 LBS.

\$28.49

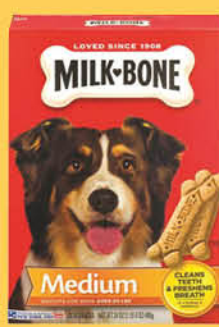
NUNN-BETTER DOG
TREATS JERKY STICKS
OR CHICKEN STRIPS 5 OZ.

\$3.35



MILK-BONE
DOG BISCUITS
OR FLAVOR SNACKS 24 OZ.

\$5.35



HEALTH & BEAUTY



CLARITIN
ALLERGY
24 HOUR 10 MG. -5 CT.

\$7.69



DRAMAMINE
TABLETS 12 CT.

\$5.39



BLITEX MEDICATED
LIP OINTMENT
.21 OZ.

\$2.19



3M NEXCARE
BANDAGES
SOFT FLEX OR WATER PROOF
ASSORTED 20-30 CT.



\$3.09



WHOLESTONE FARMS
PORK LOIN CHOPS
FRESH BONELESS PER LB.

\$2.89

WHOLESTONE FARMS
PORK TENDERLOIN
FRESH PER LB.

\$2.99



HEARTLAND FARMS
ARM CUT CHUCK STEAK
ALL NATURAL USDA CHOICE
BONELESS PER LB.

\$6.29



WHOLESTONE FARMS
COUNTRY STYLE PORK RIBS
FRESH FAMILY PACK BONELESS PER LB.

\$2.48



HEARTLAND FARMS
FLAT IRON STEAK
ALL NATURAL USDA CHOICE
BONELESS PER LB.

\$10.99



HEARTLAND FARMS
T-BONE STEAK
ALL NATURAL USDA CHOICE PER LB.

\$14.99



HEARTLAND FARMS
PORTERHOUSE STEAK
ALL NATURAL USDA CHOICE PER LB.

\$15.49



CLOVERDALE
SMOKED BACON
HICKORY SMOKED OR
APPLEWOOD 12 OZ.

\$4.75



DUTCH FARMS
CHICKEN KIEV
5 OZ.

2/\$4



CLOVERDALE
SMOKED BRATS
CHEDDAR OR JALAPENO
CHEDDAR 14 OZ.

\$4.35



BONGARDS
SHREDDED
CHEDDAR
CHEESE
8 OZ.

LET'S
MAKE CHEESE
QUESADILLAS

\$1.85

OSCAR MAYER
LUNCHABLES
WITH JUICE PAK
8.9-10.7 OZ.

\$2.69



OSCAR MAYER
BOLOGNA
SLICED ORIGINAL, THICK CUT
OR COTTO SALAMI 12 OZ.

\$2.88



SMITHFIELD
SAUSAGE LINKS
OR SAUSAGE PATTIES ORIGINAL
FULLY COOKED 19.5-20 OZ.

\$5.99



AMBASSADOR BIG 'N
MEATY SUMMER SAUSAGE
OR BIG 'N CHEESY PEPPERJACK
SUMMER SAUSAGE 18 OZ.

\$7.99



JUST BARE
BREADED CHICKEN
BREAST STRIPS
CHICKEN BREAST BITES OR BREAST
FILLETS FULLY COOKED 1.5 LBS.

\$11.49



GOLD'N PLUMP CHICKEN
BREAST TENDERLOINS
ALL NATURAL BONELESS SKINLESS PER LB.

\$5.29



BIG PAPA'S
SMOKED BRATWURST
ORIGINAL, CHEDDAR OR
POLISH SAUSAGE 16 OZ.

\$6.59

BIG PAPA'S FROZEN
COUNTRY STYLE PORK SAUSAGE
ZESTY OR HOT ITALIAN SAUSAGE OR MEXICAN RECIPE
CHORIZO 16 OZ.

\$5.78



SNACKS

BACKER'S
POTATO CHIPS
CLASSIC, WAVES OR
FLAVORED 10 OZ.

\$2.75



FISHER GOLDEN
ROASTED PEANUTS
ORIGINAL, LIGHTLY SALTED
OR HONEY ROASTED 14 OZ.

\$3.25



FISHER
SUNFLOWER
KERNELS
7.25 OZ.

\$2.75



FRITO LAY
CHEETOS SNACKS
6.5-10 OZ.

2/\$8

PRE-PRICED
\$5.49



FRITO LAY RUFFLES
POTATO CHIPS
5.5-8.5 OZ.

2/\$8

PRE-PRICED
\$5.49



OLD DUTCH
PUFFCORN
ASSORTED FLAVORS 7-9 OZ.

\$3.88



OLD DUTCH
CRUNCH CHIPS
ASSORTED VARIETIES 9 OZ.

\$3.88



JOY ICE CREAM CUPS,
WAFFLE BOWLS OR
CONES
7 OZ.

\$2.97



COKE PRODUCTS
24 PK. - ASST. FLAVORS

\$10.97



ASSORTED
COKE
6 PK. - 16.9 OZ.

\$4.97



ASSORTED
POWERADE
28 OZ. BOTTLES

2/\$3



CHIPPEWA
WATER
24 PK.

\$4.97

Galens POP SALE

Galens BREAD & BUN SALE



FRESCADOS
TORTILLAS
8 INCH BURRITO STYLE
10 CT.

\$1.99

COUNTRY HEARTH
CINNAMON
RAISIN BREAD
20 OZ.

\$3.99



COUNTRY HEARTH
ENGLISH MUFFIN
BREAD
16 OZ.

\$3.59



COUNTRY HEARTH
KIDS' CHOICE
BREAD
WHITE OR WHOLE GRAIN 20 OZ.

\$3.59

