

Galens Fresh

FOOD MARKET

LOCALLY OWNED & OPERATED FOR OVER 40 YEARS

VISIT OUR WEBSITE
www.galensmarket.com



5% DISCOUNT EVERY TUESDAY
FOR VETERANS & SENIORS 60+

PRICES VALID 7:30 AM MONDAY THRU 4 PM SUNDAY

JULY 2026

MON	TUES	WED	THURS	FRI	SAT	SUN
6	7	8	9	10	11	12

We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.

SUPPLIED BY MASON BROTHERS

SUPER DEAL!



BUSH'S ASSORTED VARIETIES 28 OZ.
BAKED BEANS

\$2.87

While Supply Lasts!



WHOLESTONE FARMS
ST. LOUIS STYLE
PORK SPARE RIBS
FRESH PER LB.

\$3.98



JOHNSONVILLE
BRATWURST
POLISH KIELBASA OR
SMOKED SAUSAGE 14 OZ.

\$4.35



STOCK-UP
AND SAVE!
Old El Paso Sale!



PEPS PIZZA
26.7-33.4 OZ.

\$9.79



KEMPS CRAFTED
ICE CREAM
VANILLA OR FLAVORED 48 OZ.

\$4.99



OLD EL PASO
TACO SHELLS
12 CT. OR HARD & SOFT
TACO SHELLS 7-4 OZ.

\$2.89



OLD EL PASO
REFRIED BEANS
TRADITIONAL OR FAT FREE 16 OZ.

\$2.25



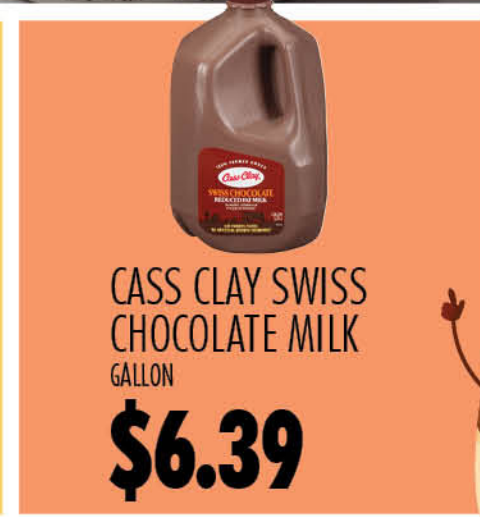
MID-AMERICA FARMS
TOP THE TATER
FAMILY SIZE 24 OZ.

\$4.39



CASS CLAY OR KEMPS
COTTAGE CHEESE
22 OZ.

\$4.49



CASS CLAY SWISS
CHOCOLATE MILK
GALLON

\$6.39



OLD EL PASO
RESTAURANT STYLE
GRANDE FLOUR
TORTILLAS
6 CT.

\$3.75



OLD EL PASO
CREAMY
QUESO SAUCE
9 OZ.

\$4.29



JOHN MORRELL
FRANKS
REGULAR, JUMBO
OR BUN LENGTH 12 OZ.

\$1.75



MRS. GERRY'S SUMMER
FRESH PASTA SALAD
ORIGINAL OR STEAKHOUSE POTATO SALAD 14-16 OZ.

\$2.99 GREAT SIDE DISHES!



OLD EL PASO SMALL
FLOUR TORTILLAS
8.2 OZ.

\$2.75



OLD EL PASO TACO
SEASONING MIX
1 OZ.

\$1.15

Sweet Summer SAVINGS



RED OR GREEN GRAPES
EXTRA LARGE SEEDLESS PER LB.

\$2.69

FRESH AND JUICY!



IDAHO RUSSET
POTATOES
5 LB. BAG

\$1.99



KEMPS
sour cream
24 OZ.

\$4.49



BONGARDS
SHREDDED CHEESE
8 OZ.

\$1.79



OLD EL PASO
STAND 'N STUFF
TACO SHELLS
10 CT.-4.7 OZ.

\$2.89



OLD EL PASO BOLD
NACHO CHEESE
TACO SHELLS
5.4 OZ.

\$3.89



HEARTLAND FARMS
TOP SIRLOIN STEAK
ALL NATURAL USDA CHOICE
BONELESS PER LB.

\$8.99



GOLD'N PLUMP
CHICKEN THIGHS
OR DRUMSTICKS
ALL NATURAL FAMILY PACK PER LB.

\$1.59



OLD EL PASO
ENCHILADA SAUCE
MILD, HOT OR GREEN CHILI 10 OZ.

\$2.39



OLD EL PASO
FLOUR
TORTILLAS
8 CT.-11 OZ.

\$2.75

Grocery



HUNGRY JACK PANCAKE SYRUP
ORIGINAL, LITE OR BUTTER
FLAVORED 24 OZ.
\$4.49



HUNGRY JACK PANCAKE MIX
OR BELGIAN WAFFLE MIX
28-32 OZ.
\$3.29



JIF PEANUT BUTTER
CREAMY, CHUNKY, SIMPLY
CREAMY OR REDUCED FAT
CREAMY 15.5-16 OZ.
\$2.99



GENERAL MILLS CEREAL
LUCKY CHARMS 10.5 OZ., KIX 12 OZ.,
REESE'S PUFFS 11.5 OZ., CINNAMON TOAST
CRUNCH 12 OZ., WHEAT 14 OZ., CORN OR
RICE CHEX 12 OZ.
\$5.69



SHORE LUNCH BREADING MIX
9 OZ.
\$2.65



WESSON VEGETABLE OIL
OR CANOLA 40 OZ.
\$4.59

NESTLE CHOCOLATE CHIPS
SEMI-SWEET, MILK CHOCOLATE,
SEMI-SWEET MINI OR DARK
CHOCOLATE 10-12 OZ.
\$5.99



KRAFT JET-PUFFED MARSHMALLOWS
12 OZ.
\$1.99



DAKOTA MAID FLOUR
ALL PURPOSE OR
WHOLE WHEAT 5 LBS.
\$2.99



PRINGLES
4.90-5.5 OZ.
\$2.65



SAUCY SPOON BAKED BEANS
28 OZ.
\$2.29



VAN CAMPS PORK & BEANS
15 OZ.
\$1.39



DELMONTE SLOPPY JOE SAUCE
15 OZ.
\$1.95



MT. OLIVE PICKLES
SPEARS, SANDWICH STUFFERS,
CHIPS OR SLIDERS 24 OZ.
\$3.59



KURER'S NO SALT KIDNEY BEANS
GARBANZO, PINTO, BLACK BEANS
OR CHILI BEANS 15 OZ.
\$1.29

Geisha Sale

GEISHA MANDARIN ORANGES
11 OZ.
\$1.55



GEISHA COCONUT MILK
13.5 OZ.
\$1.99



GEISHA CHUNK LIGHT TUNA
IN WATER 5 OZ.
\$1.39



GEISHA CRAB MEAT
6 OZ., BOILED OYSTERS 8 OZ. OR
SMOKED OYSTERS 3.75 OZ.
\$3.35



GEISHA WATER CHESTNUTS
WHOLE, SLICED, DICED OR
BAMBOO SHOOTS 8 OZ.
\$1.45



ABBY'S BLUEBERRY CAKE ROLL
16 OZ.
\$6.79



ABBY'S M&M COOKIES
10 CT.
\$6.69



ABBY'S BLUEBERRY FILLED BISMARKS
4 CT.
\$6.29



ABBY'S BLUEBERRY CAKE RING
21 OZ.
\$6.79



ABBY'S BLUEBERRY FRITTER BREAD
1 LB.
\$5.69



ABBY'S TWIN FRENCH BREAD
2 CT. - 8 OZ.
\$4.79



ABBY'S HAWAIIAN BUNS
12 CT.
\$5.09



FOLGERS COFFEE
22.6-25.9 OZ.
\$18.69

Produce

FRESH JUICY CANTALOUPE
PER LB.
\$1.49



SWEET PETITES BABY CARROTS
12 OZ. PKG.
\$2.25



HYDROPONIC MINI CUCUMBERS
6 CT. PKG.
\$2.25

FRESH AND DELICIOUS DEALS!



FRESH EXPRESS PREMIUM ROMAINE
9 OZ. OR GREEN AND CRISP 11 OZ. BAG
\$2.99



GREEN PEPPERS
EACH
\$1.49



FRESH TANGY CLEMENTINES
3 LB. BAG
\$6.99



FRESH JUICY BLUEBERRIES
PINT
\$3.97



Dairy



DUTCH FARMS CHEESE CUBES
6.4 OZ.
\$2.59



JELL-O PUDDING OR GELATIN SNACKS
4 PK.
\$3.15



CRUZ FLOUR TORTILLAS
10 INCH BURRITO STYLE 24 OZ.
\$3.25



PRAIRIE FARMS COTTAGE CHEESE
24 OZ.
\$3.95



DAISY COTTAGE CHEESE WITH FRUIT
6 OZ.
\$1.49



PRAIRIE FARMS ORANGE JUICE
HALF GALLON
\$4.25



DAISY SOUR CREAM
ORIGINAL OR LIGHT 16 OZ.
\$2.39



DUTCH FARMS BAGELS
5 CT.
\$2.15



DUTCH FARMS SHREDDED CHEESE
REGULAR, FANCY OR THICK CUT 6-8 OZ.
\$2.59



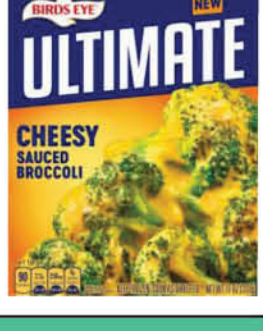
DUTCH FARMS CHEESE CHUNK
16 OZ.
\$4.99



DUTCH FARMS FLAVORED CREAM CHEESE SPREAD
STRAWBERRY, BLUEBERRY, GARDEN VEGGIE OR CHIVE & ONION 8 OZ.
\$3.15

Frozen

BIRDSEYE ULTIMATE VEGETABLES WITH BUTTER, CHEESY OR PASTA 10-12 OZ.
\$4.25



NEW YORK TEXAS GARLIC TOAST OR GARLIC BREADSTICKS
10.5-11.25 OZ.
\$2.99



SNICKERS ICE CREAM BARS OR TWIX ICE CREAM BARS 6 PK. OR DOVE MINIATURES DARK CHOCOLATE VARIETY ICE CREAM TREATS 10 CT.
\$4.79



COOL WHIP
16 OZ.
\$3.55



TJ FARMS SELECT SLICED STRAWBERRIES
10 OZ. TUB
\$2.35



COOKIES 'N MILK EDIBLE COOKIE DOUGH
6 OZ.
\$2.15



TJ FARMS PEAS CORN, CUT GREEN BEANS, PEAS & CARROTS OR MIXED VEGETABLES 14 OZ.
\$1.89



OLD ORCHARD ORANGE JUICE
REGULAR OR CALCIUM FORTIFIED 12 OZ.
\$3.59



J SKINNER DANISH COFFEE CAKE
14 OZ.
\$3.95



TJ FARMS BEER BATTERED ONION RINGS
13 OZ.
\$3.49



FIORA ESSENTIALS PAPER TOWELS
6 PK.
\$7.29



FIORA ESSENTIALS BATH TISSUE
12 PK.
\$6.29



FIORA FACIAL TISSUE
4 PK.
\$4.69

Household



HEFTY LAWN & LEAF BAGS
39 GALLON 10 CT.
\$6.95



HEFTY ULTRA STRONG TALL KITCHEN BAGS
13 GALLON CITRUS, CLEAN BURST OR FABULOSO SCENT 40 CT.
\$10.99



MEOW MIX CAT FOOD
ORIGINAL, SEAFOOD MEDLEY OR HAIRBALL CONTROL 3.15 LBS.
\$6.79



TUFFY'S GOLD DOG FOOD
12.5 OZ.
2/\$4



TUFFY'S DINNERTIME CAT FOOD
5.5 OZ.
5/\$5



HEFTY ULTRA STRONG TRASH BAGS
DRAWSTRING 30 GALLON 14 CT.
\$6.95



SECRET DEODORANT
WIDE SOLID SHOWER FRESH OR POWDER FRESH 1.7 OZ.
\$2.09



MIDOL MAX COMPLETE
24 CT.
\$7.49



PEPTO BISMOL CHEWABLES TABLETS 30 CT.
\$7.39



BENADRYL ALLERGY ULTRATABS
24 CT.
\$6.89

Health & Beauty



CREST TOOTHPASTE
REGULAR OR WITH BAKING SODA WHITE 4.2 OZ.
\$2.29



Meat



WHOLESTONE FARMS PORK SHOULDER BOSTON BUTT ROAST FRESH BONE-IN PER LB. **\$2.18**



HEARTLAND FARMS BLADE CUT CHUCK ROAST ALL NATURAL USDA CHOICE BONELESS PER LB. **\$6.88**



HEARTLAND FARMS CHUCK STEAK ALL NATURAL USDA CHOICE BONELESS PER LB. **\$6.99**



WHOLESTONE FARMS FRESH GROUND PORK FRESH PER LB. **\$2.89**



WHOLESTONE FARMS PORK STEAK FRESH BONE-IN FAMILY PACK PER LB. **\$2.39**



HEARTLAND FARMS CHUCK SHORT RIBS ALL NATURAL USDA CHOICE BONELESS PER LB. **\$7.59**



HEARTLAND FARMS PICANHA STEAK ALL NATURAL USDA CHOICE BONELESS PER LB. **\$10.99**

JOHNSONVILLE SUMMER SAUSAGE SLICES ORIGINAL, GARLIC OR JALAPENO CHEDDAR 10 OZ. **\$5.19**



BUDDIG PREMIUM DELI LUNCH MEAT 16 OZ. **\$6.49**



JOHNSONVILLE CHEDDAR & BACON GRILLERS PATTIES 1.5 LBS. **\$7.59**



DUTCH FARMS BACON ORIGINAL, APPLEWOOD OR THICK CUT 1 LB. **\$5.75**



OLSEN HERRING CUTLETS IN WINE SAUCE 8 OZ. **\$3.99**



DUTCH FARMS MEATBALLS HOMESTYLE OR ITALIAN 28 OZ. **\$7.49**



KINGSFORD BABY BACK RIBS WITH BBQ SAUCE FULLY COOKED 24 OZ. **\$14.35**



SCHWEIGERT CHICKEN NUGGETS CHICKEN PATTIES, STRIPS, ORIGINAL, BBQ OR BUFFALO CHICKEN BITES 4.8 OZ. **\$10.45**



CLOVERDALE TANGY SUMMER SAUSAGE 28 OZ. **\$10.99**

HARVEST OF THE SEA TAIL-ON COOKED SHRIMP 26/30 CT. PEELLED & DEVEINED 1 LB. **\$9.99**



RANCHER'S LEGACY 85% LEAN BEEF PATTIES PER LB. *SOLD BY THE LB. IN A 10 LB. BOX **\$7.49**

BIG PAPA'S



BIG PAPA'S TANGY SUMMER SAUSAGE SLICES CHEDDAR OR WILD RICE 12 OZ. **\$8.59**



BIG PAPA'S RAW BRATWURST FROZEN 16 OZ. **\$6.29**



BIG PAPA'S SMOKED PORK BREAKFAST LINKS OR BLUEBERRY/MAPLE 12 OZ. **\$4.99**

SMITHFIELD SAUSAGE PATTIES OR LINKS FULLY COOKED ORIGINAL 19.5-20 OZ. **\$5.99**



Snacks

TWIZZLERS TWISTS, BITES OR PULL 'N PEEL 12-16 OZ. **\$3.95**



GURLEY'S JUMBO SALTED IN SHELL ROASTED PEANUTS OR NO SALT 24 OZ. **\$3.59**



HERSHEY'S KING SIZED CANDY BARS EACH **\$2.59**



PAJEDA'S NACHO CHEESE TORTILLA CHIPS OR WHITE ROUND TORTILLA CHIPS FAMILY SIZE 16-18 OZ. **\$2.69**



SACRAMENTO TOMATO JUICE OR VEGETABLE JUICE 4.6 OZ. **\$2.75**



FRITO LAY DORITOS 9-10.75 OZ. **2/\$8**



OLD DUTCH POTATO CHIPS FAMILY SIZE ASSORTED VARIETIES **\$3.97**



OLD DUTCH TOSTADOS ASSORTED FLAVORS 18 OZ. **\$4.77**



GRANDPAS CHEESE PUFFS 8 OZ. BAG **\$2.97**



Galens POP SALE

PEPSI PRODUCTS ASSORTED FLAVORS 12 PK. **\$6.97**



LIPTON PURE LEAF ICED TEA ASSORTED FLAVORS 6 PK. **\$7.97**



GATORADE ASSORTED FLAVORS 8 PK. **\$7.97**



KLARBRUNN WATER 24 PK. **\$5.97**



BUBBL'R 6 PK. **\$5.97**



Galens BREAD & BUN SALE

VILLAGE HEARTH TEXAS TOAST WHITE BREAD 28 OZ. **\$3.97**



COUNTRY HEARTH CINNAMON RAISIN BREAD OR CINNAMON BURST 18-20 OZ. **\$3.97**



COUNTRY HEARTH SPLIT TOP WHEAT BREAD 20 OZ. **\$3.59**



LAKELAND JUMBO HOT DOG OR HAMBURGER BUNS 12 CT. **\$3.49**

