

Galens Fresh FOOD MARKET

LOCALLY OWNED & OPERATED FOR OVER 40 YEARS

VISIT OUR WEBSITE
www.galensmarket.com



5% DISCOUNT EVERY TUESDAY
FOR VETERANS & SENIORS 60+

PRICES VALID 7:30 AM MONDAY THRU 4 PM SUNDAY

JUNE 2026

MON	TUES	WED	THURS	FRI	SAT	SUN
15	16	17	18	19	20	21

We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.

SUPPLIED BY MASON BROTHERS

SUPER DEAL!



NATURE'S CRYSTAL
WATER 24 PK.

\$3.77

While Supply Lasts!



WHOLESTONE FARMS
BOSTON BUTT PORK
SHOULDER ROAST
FRESH BONE-IN PER LB.

\$2.68



KEMPS CRAFTED
ICE CREAM
VANILLA BEAN OR FLAVORED 4.8 OZ.

\$4.97 ★



PRAIRIE FARMS
CREAM CHEESE
8 OZ.

2/\$4



AMBASSADOR
WIENERS
OLD FASHIONED OR BEEF 9.75-12 OZ.

\$6.55



BUTCHER'S
BLEND BURGER
FAMILY PACK 50/50
BEEF AND PORK PER LB.

\$4.99



PRAIRIE FARMS
FUDGE BARS
JUST DIPPED ICE CREAM BARS
OR ORANGE CREME BARS 12 PK.

COOL OFF
WITH THESE
TREATS!

\$5.39



MRS. GERRY'S
DEVILED EGG
POTATO SALAD
1 LB.

\$3.49

FRESH JUICY
SEEDLESS
WATERMELON
EACH

\$5.99 ★



CASS OR KEMPS
FRENCH ONION DIP
8 OZ.

\$1.99

CASS CLAY OR KEMPS
SOUR CREAM
8 OZ.

\$1.89

CASS CLAY
HALF & HALF
PINT

\$2.29



CORNER BOOTH
PIZZA
19.25-23.25 OZ.

\$6.99



HAPPY
**Father's
DAY**



CHEF ROBERTS
BREEDING MIX
ORIGINAL, LEMON PEPPER
OR CAJUN RECIPE 12 OZ.

\$3.49



BONGARDS BUTTER
4x4'S SALTED 1 LB.

\$3.15 ★



FRESH SWEET CORN
EACH

5/\$3

TASTE OF
SUMMERS
BEST!



JUST BARE
CHICKEN THIGHS
FAMILY PACK ALL NATURAL 2.25 LBS.

\$4.59 ★



GROCERY

PILLSBURY BROWNIE MIX MILK CHOCOLATE OR CHOCOLATE FUDGE 18.4 OZ.

\$2.49



LIFE EVERY DAY CAKE MIX 15.25 OZ.

\$1.75



DOLE PINEAPPLE CRUSHED, SLICED, CHUNKS OR TIDBITS 20 OZ.

2/\$5



HAWAIIAN PUNCH 128 OZ.

\$4.25



LIFE EVERY DAY PANCAKE OR WAFFLE MIX ORIGINAL OR BUTTERMILK 32 OZ.

\$2.88



LIFE EVERY DAY PANCAKE SYRUP ORIGINAL, LIFE OR BUTTER FLAVORED 24 OZ.

\$2.95



LIFE EVERY DAY GRANULATED SUGAR 4 LBS.

\$3.59



PILLSBURY BEST FLOUR ALL PURPOSE 5 LBS.

\$4.39



LIFE EVERY DAY BROWN OR POWDERED SUGAR 2 LBS.

\$2.25



Get Ready for Quality & Value



Get Ready for Quality & Value



LIFE EVERY DAY MAC & CHEESE DINNER 7.25 OZ.

88¢



LIFE EVERY DAY GREEN BEANS CUT OR FRENCH STYLE, SWEET PEAS, WHOLE KERNEL OR CREAM STYLE SWEET CORN, SLICED BEETS, SLICED CARROTS, MIXED VEGETABLES OR PEAS & DICED CARROTS 14.5-15.25 OZ.

5/\$6

STOCK UP AND SAVE!



LIFE EVERY DAY RIPE OLIVES PITTED OR SPANISH MANZANILLA STUFFED 5.75-6 OZ.

\$1.99



LIFE EVERY DAY SPANISH QUEEN STUFFED OLIVES 7 OZ.

\$3.69



LIFE EVERY DAY PASTA ROTINI, ELBOW MACARONI, REGULAR OR THIN SPAGHETTI 16 OZ.

\$1.45



LIFE EVERY DAY MARASCHINO CHERRIES WITH STEMS 10 OZ.

\$2.25

MCILHENNY TABASCO PEPPER SAUCE OR GREEN PEPPER SAUCE 2 OZ.

\$1.65



LIFE EVERY DAY KETCHUP 38 OZ.

\$2.25



LIFE EVERY DAY POURABLE DRESSING 16 OZ.

\$2.65



LIFE EVERY DAY SALAD DRESSING 30 OZ.

\$3.69



LIFE EVERY DAY CEREAL CRISPY RICE 12 OZ., TOASTED OATS 12 OZ., CORN FLAKES 18 OZ. OR HONEY NUT TOASTED OATS 12.3 OZ.

\$2.69



LIFE EVERY DAY MARSHMALLOWS REGULAR OR MINI 10 OZ.

\$1.39



LIFE EVERY DAY HONEY GRAHAM CRACKERS 14.4 OZ.

\$2.29



ABBY'S JUMBO CUPCAKES WITH PICK CHOCOLATE OR WHITE 1 CT.

\$4.29



FOLGERS CLASSIC ROAST COFFEE 19.2 OZ.

\$15.99



ABBY'S LARGE ONION BUNS 8 CT.

\$4.69



ABBY'S CREAM CHEESE ICED LONG JOHN WITH FILLING 3 CT.

\$5.19



ABBY'S LEMON BLUEBERRY MUFFINS 4 CT.

\$7.19



ABBY'S M&M COOKIES 10 CT.

\$6.69



ABBY'S HAWAIIAN BUNS 12 CT.

\$5.09

PRODUCE

WHOLE OR SLICED MUSHROOMS 8 OZ.

\$2.38



SWEET VIDALIA ONIONS PER LB.

\$1.28



FRESH JUICY BLUEBERRIES PINT

\$3.99



FRESH AND DELICIOUS!



HONEYCRISP APPLES PER LB.

\$1.68



HOT HOUSE TOMATOES PER LB.

\$1.99



LITTLE POTATO COMPANY POTATOES SEASONED 1 LB.

\$3.94

DAIRY



DAISY COTTAGE CHEESE
24 OZ.

\$3.89



INTERNATIONAL DELIGHT COFFEE CREAMER
32 OZ.

\$5.25 ★



PRAIRIE FARMS PREMIUM CHOCOLATE MILK
OR 1% CHOCOLATE MILK GALLON

\$5.29

CELEBRATE DAIRY MONTH!



DUTCH FARMS SHREDDED CHEESE
2 LBS.

\$9.49 ★



PRAIRIE FARMS LOW FAT YOGURT
PLAIN, VANILLA OR FLAVORED 24 OZ.

\$3.59



CRYSTAL FARMS STRING CHEESE
OR STICK CHEESE 9-10 OZ.

\$4.35



CRYSTAL FARMS DELI CHEESE SLICES
6-8 OZ.

\$3.15



DAISY SOUR CREAM
24 OZ.

\$3.49



CRYSTAL FARMS CRACKER CUT CHEESE
7 OZ.

\$3.25 ★

FROZEN

LIFE EVERY DAY FROZEN SLICED STRAWBERRIES
BERRY MEDLEY, BLUEBERRIES, SLICED PEACHES, PINEAPPLE CHUNKS OR BLACKBERRIES 12-16 OZ.

\$2.75

GREAT FOR MAKING SMOOTHIES!



KID CUISINE CHICKEN NUGGETS
OR MINI CORN DOGS 8.8 OZ.

\$2.69



MARIE CALLENDER'S MEAL ENTREES
11.75-11.9 OZ.

\$4.29 ★



JJ'S SNACK PIES
4 OZ.

5/\$4.50



BIRDSEYE STEAMFRESH SWEET PEAS
GREEN BEANS, MIXED VEGETABLES OR SUPER SWEET CORN 10 OZ.

\$2.15 ★



BANQUET FRIED CHICKEN
ORIGINAL OR SOUTHERN 29 OZ.

\$9.99



BANQUET HOT 'N SPICY WINGS
11 OZ.

\$6.49



MR. DELL'S HASH BROWNS
OR O'BRIEN HASH BROWNS 24-30 OZ.

\$3.50

HOUSEHOLD

LIFE GOODS BATH TISSUE
DOUBLE ROLL 4 PK.

2/\$5.50



LIFE GOODS PAPER TOWELS
1 PK.

2/\$3



LIFE GOODS EVERYDAY NAPKINS
120 CT.

2/\$3.25



GOOD COOK BAMBOO SKEWERS
10 INCH-100 CT.

\$1.49



HANDI-FOIL GIANT LASAGNA PAN
1 CT.

\$2.09 ★



LIFE GOODS AMMONIA
ORIGINAL OR LEMON SCENT 32 OZ.

\$1.25



LIFE GOODS ALL PURPOSE CLEANER
REGULAR OR WITH BLEACH 32 OZ.

\$2.15



LIFE GOODS GLASS CLEANER
WITH AMMONIA TRIGGER SPRAY 32 OZ.

\$1.85

NUNN BETTER BUTCHER'S BEST DOG FOOD
CLASSIC, SAVORY OR PRIME SELECT 16 LBS.

\$14.95



PRAISE COMPLETE DOG FOOD
13.2 OZ.

\$2.29



PRAISE COMPLETE CAT FOOD
3-5.5 OZ.

5/\$5



HEALTH AND BEAUTY ★



HUGGIES LITTLE SNUSSLERS DIAPERS
OR LITTLE MOVERS 19-32 CT.

\$12.59 ★



VASELINE PETROLEUM JELLY
1.75 OZ.

\$2.69



Q-TIP COTTON SWABS
375 CT.

\$3.79



OLD SPICE DEODORANT
ORIGINAL 3 OZ.

\$3.99

MEAT



HEARTLAND FARMS
FULL BEEF BRISKET
ALL NATURAL USDA CHOICE PER LB.
\$6.88

HEARTLAND FARMS
ARM CUT CHUCK STEAK
ALL NATURAL USDA CHOICE BONELESS FAMILY PACK PER LB.
\$6.49

WHOLESTONE FARMS
ST. LOUIS STYLE SPARE RIBS
FRESH PER LB.
\$3.99



WHOLESTONE FARMS
PORK STEAKS
FRESH BONE-IN FAMILY PACK PER LB.
\$2.99

HEARTLAND FARMS
ARM CUT CHUCK ROAST
ALL NATURAL USDA CHOICE BONELESS PER LB.
\$5.99

HEARTLAND FARMS
NEW YORK STRIP LOIN STEAK
ALL NATURAL USDA CHOICE BONELESS PER LB.
\$17.88



SMITHFIELD
DICED HAM
OR CUBED 8 OZ.
\$3.39



AMBASSADOR
LITTLE SMOKIES
ORIGINAL OR BEEF 10-14 OZ.
\$4.85



BAR S FRANKS
12 OZ.
\$1.69



CLOVERDALE
SMOKED BRATS
CHEDDAR OR JALAPENO
CHEDDAR 14 OZ.
\$4.35



LAND 'O FROST
LUNCH MEAT
BISTRO FAVORITES 6-8 OZ.
\$4.88



JOHN MORRELL
CHUNK CERVELAT
16 OZ.
\$5.35



SMITHFIELD
HAM STEAK
BONELESS 8 OZ.
\$3.15



JOHN MORRELL
BRAUNSCHWEIGER
CHUNK 16 OZ.
\$3.19



JOHN MORRELL
SLICED BACON
ORIGINAL, MAPLE FLAVORED
OR APPLEWOOD 12 OZ.
\$4.55



CLOVERDALE
TANGY SUMMER SAUSAGE
28 OZ.
\$10.75



HARVEST OF THE SEA
RAW WHITE SHRIMP
16/20 CT. TAIL-ON 1 LB.
\$9.99



JUST BARE CHICKEN
DRUMSTICKS
ALL NATURAL FAMILY PACK 2.25 LBS.
\$4.39



KINGSFORD
PULLED PORK
WITH BBQ SAUCE
PULLED CHICKEN WITH BBQ SAUCE,
SEASONED PORK CARNITAS,
BONELESS PORK RIBS WITH BBQ
SAUCE OR PORK BURNT ENDS 16 OZ.
\$7.69



BIG PAPA'S FROZEN
RAW BRATWURST
ORIGINAL OR FLAVORED 16 OZ.
\$6.29



BIG PAPA'S FROZEN
GOURMET BEEF PATTIES
ORIGINAL OR FLAVORED 16 OZ.
\$7.99



BIG PAPA'S WIENERS
NATURAL CASING COARSE 24 OZ.
\$14.88

SNACKS



NABISCO
SNACK CRACKERS
TRISCUIT, GOOD THINS, WHEAT THINS,
CHICKEN IN A BISKIT, SOCIABLES,
BETTER CHEDDARS OR RITZ CHIPS
3.5-8.5 OZ.
\$4.35



NABISCO
OREO COOKIES
FAMILY SIZE, GLUTEN FREE
OR ZERO SUGAR 8-18.71 OZ.
\$5.75



MARS
CANDY BARS
STANDARD SIZE EACH
3/\$4



FRITO-LAY
RUFFLES
POTATO CHIPS
5.5-8.5 OZ.
2/\$8 PRE-PRICED \$5.49



LIFE EVERY DAY
CHEDDAR CHEESE
AMERICAN OR SHARP CHEDDAR
AEROSOL SPRAY 8 OZ.
\$3.85



GRANDPAPA'S
CHEESE PUFFS
ORIGINAL, WHITE CHEDDAR,
PIZZA OR CHURRO 8 OZ.
\$2.98



BACKER'S
POTATO CHIPS
CLASSIC OR FLAVORED 10 OZ.
\$2.69



LIFE EVERY DAY DRY
ROASTED PEANUTS
REGULAR, LIGHTLY SALTED, UNSALTED
OR HONEY ROASTED 16 OZ.
\$2.59



FRITO-LAY
FRITOS
9.25-10 OZ.
2/\$8 PRE-PRICED \$5.49



OLD DUTCH
FAMILY PACK
POTATO CHIPS
9.5-10 OZ.
2/\$8



OLD DUTCH
KETTLE CORN
7 OZ.
2/\$8



BARON'S
BBQ SAUCE
18 OZ.
\$5.47

Galens POP SALE



COKE
12 PK.
\$6.49



CHIPPEWA
WATER
24 PK.
\$4.99



POWERADE
8 PK. - 20 OZ.
\$6.97



SMARTWATER
700 ML. BOTTLE
2/\$3

Galens BREAD & BUN SALE



VILLAGE HEARTH
COTTAGE
WHITE BREAD
24 OZ.
\$3.99



FRESCADOS
TORTILLAS
8 INCH BURRITO STYLE
10 CT.
\$2.00



VILLAGE HEARTH
HONEY WHEAT BREAD
HALF LOAF 12 OZ.
\$2.69



FRESCADOS CARB
FIT TORTILLAS
10 CT,
\$4.47