

Galens Fresh

FOOD MARKET

LOCALLY OWNED & OPERATED FOR OVER 40 YEARS

VISIT OUR WEBSITE
www.galensmarket.com



5% DISCOUNT EVERY TUESDAY
FOR VETERANS & SENIORS 60+

PRICES VALID 7:30 AM MONDAY THRU 4 PM SUNDAY

MAY 2026

MON	TUES	WED	THURS	FRI	SAT	SUN
4	5	6	7	8	9	10

We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.

SUPPLIED BY MASON BROTHERS

SUPER DEAL!



RICE, CORN, WHEAT

CHEX CEREAL

12-14 OZ. BOX

3/\$9.97

KC MASTERPIECE
BBQ SAUCE
ORIGINAL 18 OZ.
\$1.99



WHOLESTONE FARMS
COUNTRY STYLE
PORK RIBS
FRESH FAMILY PACK BONELESS PER LB.
\$3.29



HEARTLAND FARMS
GROUND BEEF
ALL NATURAL FAMILY PACK PER LB.
\$5.99
*SOLD BY THE LB. IN A 3 LB. PKG. AVG.



JOHNSONVILLE
BRATWURST
ORIGINAL, BEER'N, LEINENKUGEL'S
SUMMER SHANDY, TAILGATE CHEDDAR/
BEER OR ITALIAN SAUSAGE 19 OZ.
\$5.99



MRS. GERRY'S
DELI FRESH
POTATO SALAD
3 LBS.
\$6.99



CASS CLAY OR KEMPS
FRENCH ONION DIP
8 OZ.
\$1.95



CASS CLAY OR KEMPS
SOUR CREAM
8 OZ.
\$1.85



CASS CLAY HEAVY
WHIPPING CREAM
PINT
\$3.99



PRAIRIE FARMS
CREAM CHEESE
8 OZ.
2/\$4



FRESH JUICY
STRAWBERRIES
1 LB. PKG.
\$3.69



FRESH EXPRESS
CAESAR SALAD KIT
ORIGINAL, WITH BACON OR
SUPREME 10-10.75 OZ.
\$3.99



KEMPS ICE CREAM
VANILLA OR FLAVORED 4 QT.
\$6.88



We Love YOU MOM!

BONGARDS BUTTER
4x4'S 1 LB.
\$2.79



KRAFT JET-PUFFED
MARSHMALLOWS
ORIGINAL OR FUNMALLOW 10 OZ.
\$1.69



KELLOGG'S
RICE KRISPIES
12 OZ.
\$5.99



JUST BARE
WHOLE CHICKEN
ALL NATURAL 5 LBS.
\$8.49



KINGSFORD PULLED
PORK WITH BBQ SAUCE
PULLED CHICKEN WITH BBQ SAUCE, SEASONED
PORK CARNITAS, BONELESS PORK RIBS WITH
SAUCE OR PORK BURNT ENDS 16 OZ.
\$7.49



PEPS PIZZA
26.7-33.4 OZ.
\$9.99



GROCERY



JELL-O GELATIN
ORIGINAL OR SUGAR FREE 3 OZ.

2/\$3



PILLSBURY FROSTING
READY-TO-SPREAD 12-16 OZ.

\$2.55



PILLSBURY CAKE MIX
15-25 OZ.

\$1.99



GHIRARDELLI BROWNIE MIX
17-18.75 OZ. **\$4.49**



Bake a Sweet Treat for Mom!



CRYSTAL POWDERED OR BROWN SUGAR
LIGHT OR DARK 2 LBS.

\$2.79



PILLSBURY BEST ALL PURPOSE FLOUR
5 LBS.

\$4.39



CRYSTAL GRANULATED SUGAR
4 LBS.

\$3.69

KRUSTEAZ PANCAKE MIX
OR BELGIAN WAFFLE MIX
25.2-32 OZ.

\$3.45



WILDERNESS STRAWBERRY
PIE FILLING
21 OZ.

\$3.99



KRUSTEAZ MUFFIN MIX
LEMON BAR MIX OR CINNAMON
SWIRL CRUMB CAKE 15.4-21 OZ.

\$3.49



STARKIST CHUNK LIGHT TUNA
IN WATER OR OIL 5 OZ.

\$1.27



DAKOTA GROWERS PASTA
ANGEL HAIR 16 OZ.

\$1.59



KRAFT MAC & CHEESE DINNER
7.25 OZ.

\$1.09



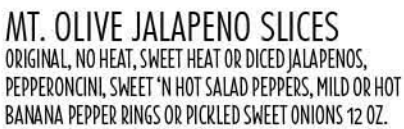
READ THREE BEAN SALAD
OR GERMAN POTATO SALAD 15 OZ.

\$2.69



MT. OLIVE JALAPENO SLICES
ORIGINAL, NO HEAT, SWEET HEAT OR DICED JALAPENOS,
PEPPERONCINI, SWEET 'N HOT SALAD PEPPERS, MILD OR HOT
BANANA PEPPER RINGS OR PICKLED SWEET ONIONS 12 OZ.

\$2.55



SAUCY SPOON BAKED BEANS
28 OZ.

\$2.29



IDAHOAN MASHED POTATOES
4-4.10 OZ.

\$1.69



CHEF BOYARDEE BEEF RAVIOLI
MINI OR OVERSTUFFED BEEF RAVIOLI, SPAGHETTI &
MEATBALLS, LASAGNA OR BEEFARONI 14.5-15 OZ.

2/\$4.44



HIDDEN VALLEY RANCH POURABLE
DRESSING OR COLESLAW DRESSING 16 OZ.

\$4.49



TASTE OF SPRING!

HORMEL HOMESTYLE BACON BITS
3 OZ.

\$2.79



HAWAIIAN PUNCH
128 OZ.

\$4.25



ABBY'S SMALL HAMBURGER BUNS
WHITE OR WHEAT 12 CT.

\$4.69



ABBY'S WITH PICKS CUPCAKES
WHITE OR CHOCOLATE 6 CT.

\$7.69



ABBY'S SNACKLE BOX COOKIES & CAKE DONUTS
10 CT.

\$8.79



ABBY'S JUMBO BLUEBERRY MUFFINS
4 CT.

\$6.99



ABBY'S M&M COOKIES
10 CT.

\$6.69



UNSWEETENED KOOL-AID MIX
2 QT. ENVELOPE

10/\$4.88



PRODUCE

SWEET CORN EACH

4/\$3



B-SIZE RED POTATOES
3 LB. BAG

\$2.28



GRAPE TOMATOES
PINT

\$2.98



FRESH BLUEBERRIES
PINT

\$5.99



CANTALOUPE
PER LB.

\$1.28



TAYLOR FARMS BROCCOLI FLORETS
BROCCOLI & CAULIFLOWER, CAULIFLOWER
FLORETS, STIR FRY OR VEGETABLE MEDLEY
10-12 OZ. PKG.

\$2.99

FUJI APPLES
PER LB.

\$1.48



SWEET VIDALIA ONIONS
PER LB.

\$1.28



KRAFT VELVEETA QUESO JALAPENO DIP CON SALSA OR BLANCO 15 OZ.

\$4.29



KRAFT CHEEZ WHIZ 15 OZ.

\$4.99



PILLSBURY GRANDS! CINNABON ROLLS WITH ICING 17.5 OZ.

\$5.69



INTERNATIONAL DELIGHT COFFEE CREAMER 32 OZ.

\$5.39



MEL-O SQUEEZE BEAR HONEY 12 OZ.

\$4.25

Dairy



DAVID'S DELI PROTEIN BAGELS 5 CT.

\$3.85



DAISY COTTAGE CHEESE 16 OZ.

\$2.88



DAISY CHIP DIP FRENCH ONION OR CREAMY RANCH 16 OZ.

\$2.69



DAISY SQUEEZE SOUR CREAM 14 OZ.

\$2.59



CRYSTAL FARMS DELI CHEESE SLICES 6-7 OZ.

\$2.99

FROZEN

BIRDSEYE STEAMFRESH VEGETABLE BLENDS

PETITE OR BABY SWEET PEAS, BROCCOLI/CAULIFLOWER, BROCCOLI/CAULIFLOWER/CARROTS, BROCCOLI FLORETS, PETITE SWEET CORN, BUTTER BRUSSELS SPROUTS OR DICED SWEET POTATOES 10-16 OZ.

\$2.99



CAPTAIN KEN'S OVEN-BAKED BEANS 14 OZ.

\$2.25



BAGEL BITES 9 CT. CHEESE & PEPPERONI OR SAUSAGE/PEPPERONI/CHEESE 7 OZ.

\$2.59



PILLSBURY TOASTER STRUDEL OR TOASTER SCRAMBLES 7.2-11.7 OZ.

\$3.59



WEIGHT WATCHERS SMART ONES ENTREES 9-9.25 OZ.

2/\$5



KRAFT COOL WHIP TOPPING 16 OZ.

\$3.49



ORE-IDA TATER TOTS 2 LBS.

\$5.69



PRAIRIE FARMS ICE CREAM CONES 6 PK.

\$5.49



TGI FRIDAYS APPETIZERS 8-11 OZ.

\$4.95



TOTINO'S PARTY PIZZA 9.8-10.9 OZ. OR PIZZA ROLLS 15 CT.-7.5 OZ.

2/\$5



WINDEX GLASS & SURFACE CLEANER BLUE OR VINEGAR 23 OZ.

\$4.25



DRANO MAX GEL CLOG REMOVER 32 OZ.

\$5.19



CLOROX CLEANING WIPES LEMON OR FRESH SCENT 35 CT.

\$3.19



SCRUBBING BUBBLES EASY CLEAN MULTI-PURPOSE CLEANER 13.58 OZ.

\$4.19

HOUSEHOLD



CLR CALCIUM/LIME/RUST REMOVER OR MOLD & MILDEW STAIN REMOVER 28-32 OZ.

\$4.65



BOUNTY PAPER TOWELS FULL SHEET OR SELECT-A-SIZE DOUBLE ROLL 4 PK.

\$12.75



PRAISE COMPLETE DOG FOOD 13.2 OZ.

2/\$4



PRAISE COMPLETE CAT FOOD 3-5.5 OZ.

88¢



PRAISE COMPLETE CAT LITTER FRESH SCENT 14 LB. JUG

\$7.65

HEALTH AND BEAUTY

COLGATE TOOTHBRUSH EXTRA CLEAN SOFT OR MEDIUM 1 CT.

3/\$2



PEPTO BISMOL 8 OZ.

\$6.29



BLISTEX MEDICATED LIP OINTMENT 21 OZ.

\$2.19



CLARITIN ALLERGY 24 HOUR 5 CT.

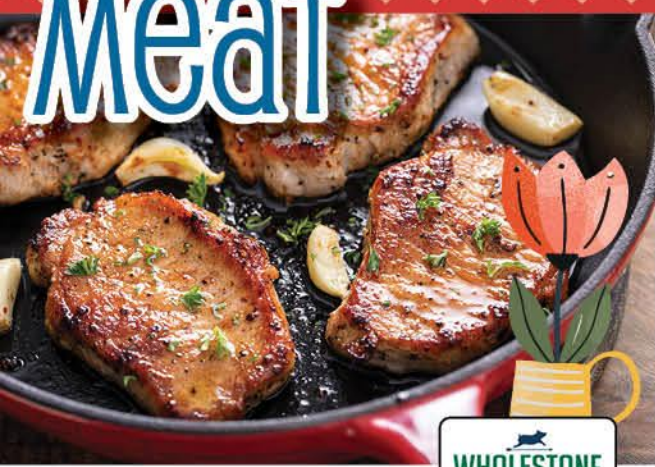
\$7.69



DURACELL ALKALINE BATTERIES 1-4 CT.

\$5.49

Meat



WHOLESTONE FARMS PORK CHOPS
FRESH FAMILY PACK BONELESS PER LB.

\$2.99



A.I. STEAK SAUCE
5 OZ.
\$3.35

HEARTLAND FARMS ARM CUT CHUCK STEAK
ALL NATURAL USDA CHOICE BONELESS PER LB.

\$6.89



HEARTLAND FARMS ARM CUT CHUCK ROAST
ALL NATURAL USDA CHOICE BONELESS PER LB.

\$6.58

WHOLESTONE FARMS LOIN BACK PORK RIBS
FRESH BONE-IN PER LB.

\$4.29



HEARTLAND FARMS RIBEYE STEAK
ALL NATURAL USDA CHOICE BONELESS PER LB.

\$18.98



SCHWEIGERT FUN DOG FRANKS
12 OZ.
\$1.89



SMITHFIELD DICED HAM
OR CUBED HAM 8 OZ.
\$3.39



BUDDIG LUNCH MEAT
22 OZ.
\$7.39



CLOVERDALE HAM PATTIES
10 OZ.
\$3.69

JOHN MORRELL SLICED BACON
ORIGINAL, APPLEWOOD OR MAPLE FLAVORED 12 OZ.
\$4.55



ARMOUR MEATBALLS
ORIGINAL OR ITALIAN 14 OZ.
\$3.49



JOHNSONVILLE SUMMER SAUSAGE SLICES
ORIGINAL, GARLIC OR JALAPENO/CHEDDAR 10 OZ.
\$5.25



SCHWEIGERT CHICKEN NUGGETS
ORIGINAL, BBQ OR BUFFALO CHICKEN BITES, CHICKEN PATTIES OR STRIPS 1.8 OZ.
\$10.45



WHOLESTONE FARMS PORK TENDERLOIN
CLASSIC OR FLAVORED MARINADE 19.2 OZ.
\$5.48



JENNIE-O GRADE A TURKEY BREAST
ALL NATURAL PER LB.
\$1.98



JOHNSONVILLE CHEDDAR & BACON GRILLERS PATTIES
1.5 LBS.
\$7.59



BIG PAPA'S SMOKED PORK CHOPS
BONELESS 16 OZ.
\$7.99



BIG PAPA'S WIENERS
NATURAL CASING 12 OZ.
\$7.49



BIG PAPA'S FROZEN COUNTRY STYLE PORK SAUSAGE
MEXICAN RECIPE CHORIZO, HOT OR ZESTY ITALIAN SAUSAGE 16 OZ. CHUB
\$5.79

SNACKS

KELLOGG'S SNACK CRACKERS
TOASTED, CLUB ORIGINAL OR MINIS CRACKERS, TOWN HOUSE ORIGINAL, FLIPSIDES, DIPPING THINS OR PITA 8-13.8 OZ.
\$4.49



PIK-NIK SHOESTRING POTATOES
9 OZ.
\$3.45



MOTHER'S CIRCUS FROSTED ANIMAL COOKIES
9 OZ.
\$4.99



BACKER'S POTATO CHIPS
CLASSIC, WAVEE OR FLAVORED 10 OZ.
\$2.75



PLANTERS DRY ROASTED PEANUTS
ORIGINAL OR LIGHTLY SALTED 16 OZ.
\$3.75



GRANDPAPA'S PUFFS
8 OZ.
\$2.99



FRITO-LAY TOSTITOS OR DORITOS DIP
10-15.75 OZ.
2/\$8



FRITO-LAY DORITOS
9-10.75 OZ.
2/\$8

OLD DUTCH POPCORN
ASSORTED VARIETIES 6 OZ.
2/\$7



OLD DUTCH RESTAURANTE STYLE TORTILLA CHIPS
13 OZ.
\$3.77



OUR FAMILY MACADAMIA NUTS
6.5 OZ. JAR
2/\$5



Galens POP SALE

COKE PRODUCTS
24 PK.
\$12.97



CHIPPEWA BOTTLED WATER
24 PK.
\$5.67

MONSTER ENERGY DRINK
15-16 OZ.
2/\$4.44



TOPO CHICO
LIME WITH MINT FLAVORED SPARKLING WATER
8 PK.-12 OZ.
\$6.77



Galens BREAD & BUN SALE

VILLAGE HEARTH COTTAGE BREAD
WHITE OR WHEAT 24 OZ.
2/\$7



COUNTRY HEARTH CINNAMON RAISIN BREAD
20 OZ.
\$3.89



LAKELAND JUMBO HAMBURGER OR HOT DOG BUNS
10-12 CT.
\$3.49

