

Galens

VISIT OUR WEBSITE
www.galensmarket.com



Fresh FOOD MARKET

LOCALLY OWNED & OPERATED FOR OVER 40 YEARS

**HIGH IN QUALITY, LOW IN PRICE
OUR STORE BRANDS SAVE YOU MONEY!**

Fresh MEAT DEAL OF THE WEEK



Galens Fresh Cut Premium
Boneless
Country Style Ribs

LIMIT
10

\$1.97
Lb.

Fresh PRODUCE DEAL OF THE WEEK



Juicy Ripe
Clementines
3 Lb. Bag

LIMIT
10

\$5.67

SMOKED MEAT DEAL OF THE WEEK



Big Papa's
Ham
Steak
8 Oz.

LIMIT
10

\$3.17

GROCERY DEAL OF THE WEEK



Life Everyday
Vegetables
Assorted Varieties
14.5-15.25 Oz. Can

LIMIT
10

10 \$10
for

DAIRY DEAL OF THE WEEK



Life Everyday
Butter
Quarters
16 Oz. Package

LIMIT
10

\$2.87

ABBY'S BAKERY DEAL OF THE WEEK



Abby's
Hamburger Buns
8 Count Package

LIMIT
10

\$3.87

FROZEN DEAL OF THE WEEK



Life Everyday
Frozen Vegetables
Assorted Varieties
16 Oz. Package

LIMIT
10

3 \$5
for

HOUSEHOLD DEAL OF THE WEEK



Life Goods
Mega Roll
Bath Tissue
6 Pack

LIMIT
10

\$4.97

BEVERAGE DEAL OF THE WEEK



Bubbl'R
Sparkling Water
6 Pack

LIMIT
10

\$5.67

DELIVERY & CURBSIDE PICK UP AVAILABLE 9AM-3PM MONDAY THROUGH FRIDAY

PRICES VALID 7 AM MONDAY THRU 4 PM SUNDAY

MARCH 2026

MON	TUES	WED	THURS	FRI	SAT	SUN
9	10	11	12	13	14	15

**5% DISCOUNT
EVERY TUESDAY FOR
VETERANS & SENIORS**



BEVERAGES & SNACKS



Pepsi Products
Assorted Varieties
10 Pack 7.5 Oz. Cans
\$6.77



Lipton Tea
Assorted Varieties
12 Pack .5 Liter Bottles
\$6.97



Klarbrunn Water
24 Pack Bottles
\$5.97



Pepsi Products
Assorted Varieties
24 Count 12 Oz. Cans
\$12.97



Old Dutch Kettle Corn
7 Oz. Bag
2\$7 for 7



Life Everyday Microwave Popcorn
Assorted Varieties
6 Count Package
\$3.67



Life Everyday Assorted Peanuts
Assorted Varieties
12-16 Oz. Package
\$2.77



Life Everyday Cheese Spread
Assorted Varieties
8 Oz. Package
\$3.97

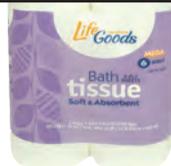


Old Dutch Twin Box Potato Chips
Assorted Varieties
10 Oz. Box
3\$10 for 10

HOUSEHOLD DEALS



Life Goods Napkins
250 Count Package
\$2.97



Life Goods Bath Tissue
6 Pack
\$4.97



Life Goods Facial Tissue
80 Count Package
2\$3 for 3



Life Goods Paper Towels
6 Pack
\$8.67



Life Goods Trash Bags
40 Count Package
\$7.77

PET FAVORITES



Nunn Better Dog Treats
Assorted Varieties
5 Oz. Package
\$3.67



Nunn Better Dog Biscuits
4 Lb. Bag
\$5.47



Butcher's Best Dog Food
16 Lb. Bag
\$14.77

GROCERY DEALS



**Life Everyday
Mac &
Cheese**
Assorted Varieties
7.25 Oz. Package

77¢



**Life Everyday
Cream Soups**
Assorted Varieties
10.5-10.75 Oz. Can

4\$5
for



**Life Everyday
Sprinkles**
Rainbow or Chocolate
11 Oz. Package

2\$7
for



**Life Everyday
Cooking Oil**
Vegetable or Canola
48 Oz. Bottle

\$4.47



**Life Everyday
Cooking
Spray**
Assorted Varieties
18.5-19 Oz. Can

\$2.77



**Life Everyday
Canned
Vegetables**
Potatoes, Mixed Vegetables,
Carrots or Beets • 14.5-15 Oz. Can

4\$5.55
for



**Life Everyday
Sauerkraut**
14.5 Oz. Can

2\$3
for



**Life Everyday
Distilled
White Vinegar**
128 Oz. Bottle

\$3.17



**Life Everyday
Canned
Beans**
Assorted Varieties
15 Oz. Can

4\$5
for



**Life Everyday
Black
Olives**
Assorted Varieties
6 Oz. Can

2\$4.44
for



**Life Everyday
Spanish
Queen Olives**
7 Oz. Package

\$3.67



**Life Everyday
Tomatoes or
Tomato Sauce**
Assorted Varieties
14.5-15 Oz. Can

4\$4.44
for



**Life Everyday
Pasta**
Assorted Varieties
16 Oz. Package

2\$3
for



**Life Everyday
Canned
Fruit**
Assorted Varieties
15.25 Oz. Can

2\$4.44
for



**Life Everyday
Instant
Coffee**
Assorted Varieties
3.5 Oz. Package

\$2.87



**Life Everyday
Peanut
Butter**
Assorted Varieties
16 Oz. Package

\$2.37



**Life Everyday
Pancake
Mix**
Assorted Varieties
32 Oz. Package

\$2.87



**Life Everyday
Pancake Syrup**
Assorted Varieties
24 Oz. Bottle

\$2.97



**Life Everyday
Honey Bear**
12 Oz. Bottle

\$2.97



**Life Everyday
Cereal**
Assorted Varieties
12-18.7 Oz. Package

2\$6
for

Fresh PRODUCE



**Juicy Ripe
Clementines**
3 Lb. Bag

\$5.67



**Fresh
Strawberries**
16 Oz. Package

\$3.67



**Granny Smith
Apples**

\$1.17
Lb.



**Life Everyday
Salad Dressing**
16 Oz. Bottle

\$2.67



**Sky View
Heirloom
Oranges**
3 Lb. Bag

\$4.97



**Red
Potatoes**
5 Lb. Bag

\$2.77



**Mini Hydro
Cucumbers**
6 Count

\$2.97



Sweet Onions

97¢
Lb.



Tray Pack Peppers
4 Count

\$5.97

Fresh FLORAL



Galens
COUPON

PLU
#1003

COUPON VALID 3/9/26-3/15/26



\$3.00
OFF

ANY PLANT

WITH THIS COUPON
LIMIT ONE PER CUSTOMER

Fresh DAIRY



**Farmers Pride
Whole Milk
Gallon**
\$3.97



**Prairie Farms
Skim Milk
Gallon**
\$3.67



**Dakota Layers
Grade A
Large Eggs
Dozen**
\$1.97



**Prairie Farms
1% Milk
Gallon**
\$3.77



**Life Everyday
Butter
Quarters
16 Oz. Package**
\$2.87



**Prairie Farms
2% Milk
Gallon**
\$3.87

Fresh BAKERY



**Country Hearth
English Muffin Bread
16 Oz. Loaf**
\$3.79



**Village Hearth
Italian Bread
12 Oz. Loaf**
2\$5 for



**Abby's
Cake Roll
16 Oz. Package**
\$6.79



**Abby's
Monster Cookies
8 Count Package**
\$6.69



**Abby's
Cake Donuts
4 Count**
\$5.89



**Abby's
Creme De Menth
Chocolate Cake
8 Inch**
\$14.69

Fresh FROZEN



Life Everyday
Sliced Strawberries
12 Oz. Package

2\$5
for



Life Everyday
Vegetables
Spinach or Broccoli
16 Oz. Package

\$1.97



Life Everyday
Frozen Fruit
Assorted Varieties
12 Oz. Package

3\$888
for



Life Everyday
Frozen Fries
Shoestring or Steak Cut
28 Oz. Package

2\$7
for



Life Everyday
Buttermilk Pancakes
16.5 Oz. Package

\$1.97



Life Everyday
Frozen Waffles
Assorted Varieties
12.3 Oz. Package

2\$5
for



Life Everyday
Frozen Vegetables
Assorted Varieties
16 Oz. Package

3\$5
for



Life Everyday
Corn on the Cob
4-8 Count Package

\$3.97

Fresh MEAT



Galens Fresh
USDA Choice Angus
Boneless
Beef
Roast
\$7.37
Lb.



Galens Fresh
Galen's Fresh Cut
Pork
Spare Ribs
\$2.97
Lb.



Big Papa's
Boneless
Ham Steak
 8 Oz. Package
\$3.17



Galens Fresh
USDA Choice Angus
Boneless
Top Sirloin
Steaks
\$7.67
Lb.



Big Papa's
Sliced
Bacon
 12 Oz. Package
\$5.97



Big Papa's
Skinless
Wieners
 16 Oz. Package
\$6.77



Galens Fresh
Premium Pork
Boneless
Center Cut
Pork Roasts
\$2.47
Lb.



Big Papa's
Potato
Sausage
 16 Oz. Package
\$4.77



Big Papa's
Uncooked Brats or
Italian Sausage
 16 Oz. Package
2\$10
for



Just Bare
Chicken
Drummets or
Wingettes
 2 Lb. Family Pack
\$8.85



Big Papa's
Ground
Beef Patties
 Assorted Varieties
 4 Count Package
\$6.97



Big Papa's
Pork
Sausage
 16 Oz. Chub
\$5.67

STORE BRAND SPECIAL EVENT



**Register to win a grocery
bag full of store brand items
24 WINNERS!**

REGISTRATION

NAME _____

TOWN _____

PHONE _____

EMAIL _____